

## Application Of Pre And Post Conference In The Maternity Ward Wisma Tulip 4 Prof. Soerojo Hospital Magelang

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### ABSTRACT

**Background & Objective:** Law No.17 of 2023 defines a hospital as a health service institution that provides comprehensive personal health services, including inpatient, outpatient, and emergency care.

**Method:** This study used a qualitative case study method with direct observation for 10 days in the Maternity Ward Wisma Tulip 4, Prof. Soerojo Hospital Magelang, to evaluate the implementation of Pre and Post Conference and the influencing factors. **Result:** The findings indicated that issues remain in the implementation of pre and post conferences during patient handovers, where execution has not been optimal. The main problems identified were suboptimal implementation influenced by limited human resources and time constraints. As an improvement step, education for nurses and midwives regarding SOPs of pre and post conferences was planned, although challenges in implementation persisted. **Conclusion:** It is recommended that this report be utilized by the Management of Prof. Dr. Soerojo Psychiatric Hospital as an evaluation material to enhance the management function in implementing the Professional Nursing Practice Model (PNPM).

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### Introduction

Law No.17 of 2023 defines a hospital as a health service institution providing comprehensive individual health services, including inpatient, outpatient, and emergency care. A hospital is one part of the health service system that delivers medical and rehabilitation care to the community.

Nursing management is the process of organizing, coordinating, and integrating nursing resources in providing professional care services to patients based on nursing science (Ratanto, 2023; Hariyati, 2019). Nursing management can be defined as a

process of planning, organizing, leading, and supervising to achieve objectives. Swanburg (2000) stated that nursing management involves a group of nurse managers who organize nursing efforts and ultimately manage the process in which nurse managers practice their profession. Nurses are expected to always provide and improve nursing services accurately (rationally) and ethically, as a form of professionalism (Nursalam, 2014).

Professional nursing care can be achieved when client needs are met, health problems resolved, and quality of nursing services improved (Komala, 2023). To achieve these outcomes, every nurse must make plans alongside team leaders and staff nurses. One method used to optimize outcomes is the team method called pre and post conference, which involves planning and evaluating results (Indrasari et al., 2020). Pre conference is communication between the team leader and nurses after handover to plan activities for the shift, while Post conference is a discussion at the end of the shift to evaluate activities before handing over to the next shift (Masruroh, 2020).

Research by Amelia E. (2015) showed that non-optimal pre and post conferences can affect the smooth delivery of nursing care due to disorganized distribution and planning. Interviews with the head nurse also revealed that pre and post conferences are not optimal because they are conducted only with shift supervisors and team leaders.

Wisma Tulip 4 is one of the maternity care units at Prof. Soerojo Hospital Magelang. Its services focus on mothers and children, consisting of combined mother-baby rooms, Class 1 wards (two rooms), Class 2 wards (2 beds), Class 3 wards (2 beds), labor rooms, high-risk perinatology, neonatal care, and lactation rooms.

## **Objective**

Based on the background above, the authors aimed to discuss Pre and Post Conference Implementation at Wisma Tulip 4 Maternity Ward, Prof. Soerojo Hospital Magelang.

## **Method**

This research used a qualitative case study design with direct observation for 10 days in the Maternity Ward Wisma Tulip 4, Prof. Soerojo Hospital Magelang, to evaluate the implementation of pre and post conferences and influencing factors. Data were collected through observation, interviews, and questionnaires, then analyzed descriptively using SWOT and Fish Bone approaches to identify strengths, weaknesses, opportunities, threats, and root causes. The implementation included SOP socialization and evaluation of intervention effectiveness, aiming to increase nurse involvement and improve nursing documentation. Although limited to one location and short observation, the method allowed in-depth contextual insights.

## Results

**TABLE 1.** SWOT Analysis

Analysis	Human Resources	Implementation
<b>Strengths</b>	4 nurses, 9 vocational midwives; use of primary nursing (though inconsistent)	Pre & Post Conference already implemented
<b>Weaknesses</b>	Diverse educational backgrounds; all nurses already trained in Primary Nursing	Not yet optimal, still combined
<b>Opportunities</b>	Hospital provides training opportunities	Improves nursing care quality
<b>Threats</b>	Lack of staff in evening and night shifts	Limited time and human resources

**TABLE 2.** Plan Of Action

Problem	Goal	Activity
Lack of optimal implementation	To optimize the application of pre and post conference nursing care methods	Provide SOP dissemination and education to staff

## Discussion

The assessment in Wisma Tulip 4 showed issues in implementing pre and post conferences during patient handovers, which were not conducted according to SOP. Reporting was mostly done only by staff nurses. Although pre and post conferences were conducted three times daily, their effectiveness was low due to busy activities, high patient loads, and prioritization of direct patient care.

The SWOT analysis highlighted that the main management issue is the suboptimal implementation of pre and post conferences. Proposed action plans include SOP socialization and education to nurses to improve understanding and compliance. With head nurse supervision, nursing activities could become more structured and better controlled, overcoming existing barriers.

## Conclusion

The implementation of pre and post conferences in Wisma Tulip 4 Maternity Ward was found to be suboptimal, mainly due to limited human resources and time constraints. Educational interventions and SOP dissemination were identified as key strategies to improve nurse compliance and effectiveness. These findings highlight the importance of strengthening nursing management functions to support the Professional Nursing Practice Model (PNPM) and enhance the quality of patient care.

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